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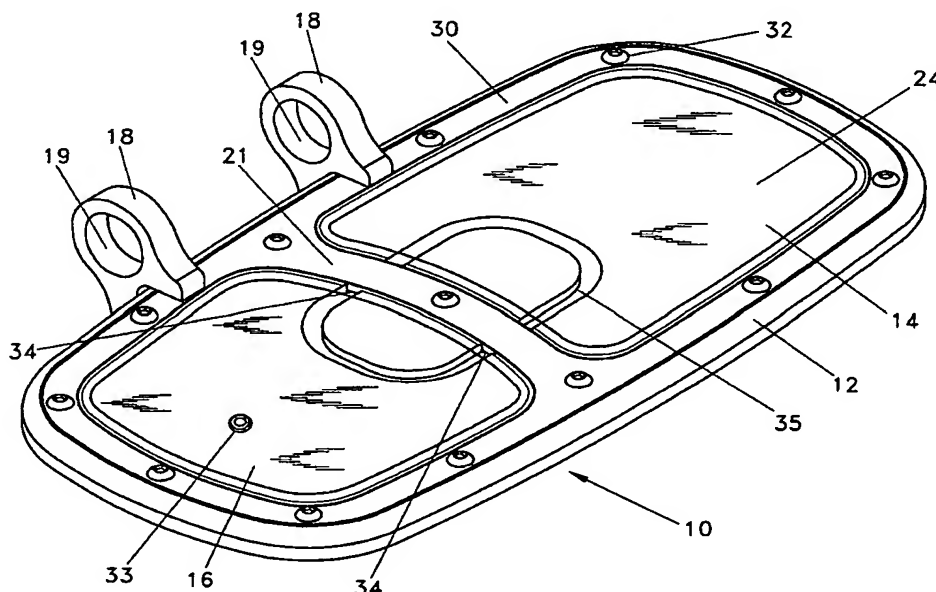
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- (71) Applicant (for all designated States except US): **ASH-WYN INNOVATIONS PTY LTD [AU/AU]; 448 Wilson Street, Darlington, New South Wales 2008 (AU).**
- (72) Inventor; and
- (75) Inventor/Applicant (for US only): **SARMA, Vimala, Devi [AU/AU]; 448 Wilson Street, Darlington, New South Wales 2008 (AU).**
- (74) Agent: **MARTIN, Michael, A E; M A MARTIN & ASSOCIATES, Level 11, Tower B, Zenith Centre, 821 Pacific Highway, Chatswood, New South Wales 2067 (AU).**
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(54) Title: **LEG EXERCISE DEVICE**



(57) Abstract: A foot and/or leg-exercising device (10) has a first sealed chamber (14) and a second sealed chamber (16) that are interconnected via one or more passageways (34). The chambers (14, 16) are of variable volume and fluid within one chamber may be pumped to the other chamber using the feet and/or legs. In one embodiment each foot is provided with a first chamber and a second chamber and fluid is pumped by a heel and toe rocking action of each foot. The chambers for both feet may be interconnected to allow pumping by an up and down action of the legs.

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